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Social media is the modern way we communicate with others. Although social media causes many negative effects. There are many articles that create a negative effect such as, “Antisocial Networking?,” written by Hilary Stout, “Is Social Media Driving People Away From Real Interaction?,” by Righ Knight, and “Teenagers on Social Media: Socialization and Self-esteem.” Social Media was created with the intention of helping us gather information quicker, although it had been causing many negative effects on people. Social Media may seem like a good idea when indeed all it causes is fewer face-to-face communication skills, cyber bullying, and depression or suicidal thoughts.

First of all, one of the many negative effects Social Media has on people is that there are fewer and fewer face-to-face interactions. Social Media has created a new way of communication instead of stepping out of our comfort zone we have the option to contact anyone through messages, video chat, email, etc. lessening our personal interactions. In the article, “Antisocial Networking,” written by Hilary Stout, it states that, “Even though young digital natives are very good with tech skills, they are weak with face-to-face human contact skills” (Document B). Young people are tech savvy only because many of their daily activities involve a computer or researching information. The reason for the use of Social Media is the lack of time we have to communicate with someone else. Sometimes even if we see our friends we are still on our mobile device because Social Media has become addictive. This can be proven in the article, “Is Social Media Driving People Away From Real Interaction,” written by Righ Knight, which claims, “... how many times have you been in a social gathering and 80% or more of those in the room have their heads, down at a cell phone, tablet, or any other mobile device” (Document

D). We are losing our communication skills, before when we hung out with friends, we would talk and do an activity, but now we just sit, go on our phones, and text other people. The overuse of Social Media is killing our ability to talk to one another face-to-face.

Another reason, that Social Media has a negative effect on people is cyber-bullying. Ever since Social Media became popular there has been a new way of bullying throughout the internet since there are people behind the screens targeting those who are innocent and become a victim of cyberbullying. In the article, "Teenagers on Social Media: Socialization and Self-esteem," argues that, "19% of youth between ages 10-17 have experience cyber bullying either as a victim or offender" (Document F). With Social Media being so popular there will be an increasing rate of cyberbullying threats to youth. An increasing rate of cyberbullying can lead to more emotional effects. Which can be proven, in the article, "Teenagers on Social Media: Socialization and Self-esteem", it states, "The use of social media leads to cyberbullying, which leads to depression, thoughts of suicide, and sadness" (Document F). Although there are other reasons that may lead to suicide, Social Media may be a major contributor of bullying that can lead to depression and/or suicide. Cyberbullying is a major dilemma in today's society and should be more recognized and observed.

Moreover, Social Media has a negative effect on people by the number of increased depression and suicidal thoughts within individuals. In the article. "Teenagers on Social Media: Socialization and Self-esteem, it says, "It leads to suicide, which is the third leading cause of death among young people ages 15-24" (Document F). Social Media targets those of young age because they are more vulnerable into believing what Media says. As time passes, it may become the second or first most common reason for causing death. In the article, "Is Social Media Driving People Away From Real Interaction?," written by Righ Knight, he proves that someone that uses Social Media, "... is generally more depressed and

anxious in social situations” (Document D). Say that you take Social Media away from someone, they will become anxious to get it back, like an addiction. Stout claims that, “Online Social Networking allows children to become more connected and supportive of their friends” (Document B). If children are more connected through Social Media then they would build better communication skills. Although this may help some kids step out of that comfort zone there are some risks behind it.

To conclude, Social Media leads to being connected more with friends but also to the loss of face-to-face communication skills, cyber bullying, and depression/ suicidal thoughts. As society becomes more technologically advanced we mustn't forget what matters the most. Social Media is part of our daily lives. We revolve around it whether it is news, events, creating friends, or chatting, different things that we can choose whether to use it to our advantage in creating a better future for ourselves.